

# Accessing food in Exeter

## **St Thomas Community Larder - Mon, Wed & Fri, 10am-12pm**

Providing free food for collection. Referrals from partner agencies.

Contact: [stthomascommunitylarder@gmail.com](mailto:stthomascommunitylarder@gmail.com)

## **St Katherine's Community Larder - Mon & Fri, 10am-12pm**

Providing free food for collection. Anyone can self-refer.

Contact: [stkatherinescommunitylarder@gmail.com](mailto:stkatherinescommunitylarder@gmail.com)

## **St Thomas Food Fight - Sun, 11am-12pm**

Providing free takeaway packed lunches for collection outside NatWest, Cowick Street. Anyone can access.

Contact: <https://www.facebook.com/groups/stthomasfoodfight>

## **Inclusive Exeter**

Providing free food parcel deliveries. Anyone can access.

Contact: Shahar - 07865514485; Muktar - 07307725111;

[muktar.ahmed@inclusiveexeter.org.uk](mailto:muktar.ahmed@inclusiveexeter.org.uk)

## **Rediscover Church Food Hub - Thurs, 11am-2pm**

Providing free groceries for collection. Anyone can access.

Contact: [reachout@rediscoverchurch.com](mailto:reachout@rediscoverchurch.com)

## **Exeter Foodbank**

Providing free emergency food supplies. Referral from partner agencies.

Contact: [info@exeterfoodbank.org.uk](mailto:info@exeterfoodbank.org.uk)

## **St Petrock's**

Have a guide detailing organisations that offer free food to rough sleepers.

[www.stpetrocks.org.uk/menu-text-in-need-of-help/free-food-guide-in-exeter/](http://www.stpetrocks.org.uk/menu-text-in-need-of-help/free-food-guide-in-exeter/)

