



EXETER
CONNECT



Volunteer Opportunities



Introduction



Welcome to Exeter Connect's Volunteer Opportunities brochure. Listing 32 local organisations, you are bound to find your perfect volunteering opportunity!

Exeter Connect provides free professional advice, training, networking and other events to help the voluntary, community and social enterprise (VCSE) sector in Exeter develop and thrive.

We have a vision to make Exeter a place where residents, community groups and organisations can make a positive difference in the places where they live and work.

Johanna Korndorfer

Exeter Connect

List of organisations

Balloons

Bread of Life Outreach

Christians Together Across Exeter

Citizens Advice Exeter

CoLab Women Exeter

Cygnets Theatre

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List of organisations cont.

Royal Devon University Hospital

organicARTS

Read Easy Exeter

Southernhay Child Contact Centre

South West MS Therapy Centre

The Hot Food Project

YMCA Exeter

Balloons - Devon



We support bereaved children & young people across Exeter, East & Mid Devon – providing 1-2-1 support, telephone helpline, care packages, activity days & training.

Volunteering opportunities available:

- Grief Support Workers to support bereaved children and young people

Volunteers need to be excellent, non-judgemental listeners; empathetic and patient; and have great organisational and communication skills.

Contact

Balloons
First floor
6 Providence Court
Pynes Hill
Exeter, EX2 5JL

☎ 01392 982 570 🌐 www.balloonscharity.co.uk
✉ donnajames@balloonscharity.co.uk

Bread of Life Outreach



Bread of Life
Homeless Support
Registered Charity Number 1181805

Serving the homeless in Exeter & the surrounding areas.

Volunteering opportunities available:

- Fundraising
- Front line servers

Contact

Bread of Life
Outreach
29 New Street,
Cullompton, EX15 1HA

☎ 07709282519 🌐 www.breadoflifeoutreach.co.uk
✉ Breadoflifeinjesusname@gmail.com

Christians Together Across Exeter



CTAX brings together Christians from across Exeter in united acts of service & care for our communities; for example, where two churches working on a youth group together would be more effective than each church running their own youth group.

Volunteering opportunities available:

- Webmaster
- Leafleting team
- Cafe volunteers

You do not have to be a Christian or church member to volunteer with CTAX, just have a heart to help us out.

Contact

📞 07855305519 🌐 <https://ctax.chessck.co.uk>

✉️ ctaxexeter@gmail.com

Citizens Advice Exeter



Whatever your problem, whatever your situation, we aim to provide you with the advice you need for the problems you face. Our service is free, independent, impartial & confidential.

Volunteering opportunities available:

- Adviser
- Advice for Life Trainer

Contact

Citizens Advice
Exeter
Dix's Field
Exeter, EX1 1QA

📞 0808 278 7845

✉️ recruitment@citizensadviceexeter.org.uk

🌐 www.citizensadviceexeter.org.uk/volunteering

CoLab Women Exeter



Support for women with a range of needs including homelessness, abuse, poverty, pregnancy & parenthood & isolation. We focus on what's strong, not what's wrong, offering women positive opportunities that enable them to regain their identity & confidence & connection for future resilience.

Volunteering opportunities available:

- Spark Out of Hours Assertive Outreach Volunteers
- Women's Group Volunteers
- Practical Support eg helping with admin, creating Survival Packs for homeless women

Contact

CoLab Women Exeter
WAT TYLER HOUSE
3 King William St
Exeter EX4 6PD



01392 284270



www.colabexeter.org.uk



jeanie.lynch@colabexeter.org.uk

Cygnnet Theatre



Cygnnet Theatre trains professional actors in an ensemble company at our studio theatre in Friars Gate.

In addition to our own productions we have a programme of visiting shows, for which we recruit volunteers for Front of House duties, & always welcome any help offered.

Volunteering opportunities available:

- Serving hot and cold refreshments
- Ushering audience members to their seats
- Washing up

Contact

Cygnnet Theatre
Friars' Gate,
Exeter, EX2 4AZ



01392 277189



www.cygnnettheatre.co.uk



info@cygnnettheatre.co.uk

Devon and Cornwall Police



Citizens in Policing (CiP) is a term for all things 'volunteering' within the police & includes police support volunteers, police cadets & the special constabulary. All our volunteers are very important members of our policing family & are a vital resource to help us deliver policing & build valuable links with our communities.

Volunteering opportunities available:

- Vehicle check volunteers
- Special constables

Contact

D & C Police
Headquarters
Middlemoor
Exeter, EX2 7HQ



www.recruitment-dcp-dp.org/devon-cornwall-volunteers/



citizensinpolicing@devonandcornwall.pnn.police.uk

Devon Communities Together



DCT is focused on inspiring, upskilling, training, supporting and advising groups and individuals to make changes and achieve positive outcomes for their communities.

Volunteering opportunities available:

- Travel mentors: supporting 16-24 year olds and over 55s who face barriers to using public transport.

Contact

Devon Communities
Together
Units 73 & 74 Basepoint
Business Centre,
Yeoford Way, Exeter, EX2 8LB



01392 248919



rod.birtles@devoncommunities.org.uk



www.devoncommunities.org.uk

Exeter Community Energy



ECOE was established by eight local people in 2014 who were brought together by Transition Exeter's energy group. Our vision is for renewable energy projects to bring about practical change in our community by addressing energy related challenges.

Volunteering opportunities available:

- Graphic Design
- Human resources
- Measuring social impact

Contact

ECOE
Bradninch Court
Regen
Castle Street
Exeter, EX4 3PL

☎ 07788 582024 🌐 www.ecoe.org.uk

✉ andy@ecoe.org.uk

Exeter Cathedral



A vibrant community hub & a world-class heritage destination, Exeter Cathedral has been at the heart of Devon for nearly a thousand years. Now, as then, it offers a refuge for reflection, a place for prayer, & a stage for artists, performers & musicians.

Volunteering opportunities available:

- Event support and stewarding
- Working in the Cathedral shop
- Tour guides (full training given)

Contact

Exeter Cathedral
1 The Cloisters
Exeter, EX1 1HS

☎ 01392 345 887 🌐 www.exeter-cathedral.org.uk

✉ lis.spencer@exeter-cathedral.org.uk

Exeter Community Fridge

The Community Fridge in Exeter Library makes supply chain surplus food available to all for free. The aim is to reduce food waste, save households and businesses money and strengthen community resilience.



Volunteering opportunities available:

- Food Collection Volunteers
- Fridge Check Volunteers
- Social Media Volunteers

Contact

Exeter Community
Fridge
Exeter Library
Castle Street
Exeter EX4 3PQ

☎ 07966 566435

✉ foodrescue@recycledevon.org

🌐 www.facebook.com/ExeterCommunityFridge

Exeter Community Initiatives Transitions

We aim to help adults who are experiencing vulnerability to manage change positively, combat isolation & improve overall wellbeing. We provide resources & support to develop skills, confidence & community networks in order to increase resilience & independence.



Volunteering opportunities available:

- Wellbeing coach
- Workshop support
- Resources & Social media volunteer

Contact

Transitions
Wat Tyler House
3 King William Street
Exeter, EX4 6PD

☎ 07531 870203

🌐 www.transitions.eci.org.uk

✉ transitions@eci.org.uk

Exeter Community Initiatives Jelly

Jelly is a Children's Charity Shop & we are a project of Exeter Community Initiatives.



Volunteering opportunities available:

- Shop Assistant

Contact

Jelly Charity Shop
148-149 Fore Street
Exeter, EX4 3AN



01392 435835



www.jelly.eci.org.uk



jelly@eci.org.uk

Exeter Drama Company



Exeter Drama Company is an amateur dramatics group based in Exeter, Devon, UK. As a local community drama company, we bring entertainment, smiles & fun to our local community. Our shows are accessible to all & we keep ticket prices low to ensure everyone can come along & enjoy the show.

Volunteering opportunities available:

- Lighting and/or Sound Technician
- Set Designer and Builder
- Wardrobe Assistant

Contact

Exeter Drama Company
Heavitree Church Hall
Church Street
Heavitree
Exeter, EX2 5EH



01392 221481



sam_lew@outlook.com



www.exeterdramacompany.co.uk

Exeter Heritage



Exeter Heritage Volunteers is a new project launching in 2023. A range of opportunities will be available across a number of heritage organisations in the city, including RAMM, St Nicholas Priory, Exeter Cathedral & Devon & Exeter Institution.

You'll be in charge of setting your hours, and which events you want to support.

Volunteering opportunities available:

- Stewarding for heritage events
- Tour guides

Contact



www.exeterculture.com



hello@exeterculture.com

Exeter Library of Things



Exeter Library of Things is a not-for-profit Community Interest Company. Our aim is to reduce consumption, encourage community engagement & create sustainable living habits, all the while helping members cut down on costs and free up space. The scheme gives members access to a wide range of items including power tools, hand tools, household & leisure items.

Volunteering opportunities available:

- Library assistants
- Maintenance support
- Marketing via Social Media

Contact

Exeter Library of Things
3rd Floor,
178-179 Sidwell St.,
Exeter, EX4 6RD



07967 805492



www.exeterlot.org.uk



exeterlot@gmail.com

Exeter Food Bank



We don't think anyone in our community should have to face going hungry. That's why the Exeter Foodbank provides three days' nutritionally balanced emergency food and support to local people who are referred to us in crisis.

Volunteering opportunities available:

- Sorting Volunteers
- Welcome Volunteer in the 'Living Room'
- Supermarket collectors

Contact

Exeter Food Bank
PO Box 661
Exeter, EX2 5PS



07943 896717



www.exeter.foodbank.org.uk



admin@exeterfoodbank.org.uk

GoodGym



GoodGym run, walk, & cycle to help local community organisations & isolated older people with practical tasks.

Volunteering opportunities available:

- GoodGym Volunteer (helping your local community, have a pair of trainers and want to help isolated individuals)

We're not an ordinary gym. We offer a way to volunteer that fits into your life easily, making it easy to commit for the long-term.

Contact

GoodGym
Somerset House
Strand, London,
WC2R 1LA



07902973332



www.GoodGym.org



craig@goodgym.org

Heart Heroes



We support children aged 0-16yrs who are living with a heart condition. We not only support children but their whole family. We put on events, hub coffee mornings, online support and provide in-hospital support.

Volunteering opportunities available:

- Heart Heroes Volunteer - Help set up and tidy away at events, make refreshments and engage with families

Contact

📞 07971 837435 🌐 www.heartheroes.co.uk

✉️ amy@heartheroes.co.uk

Home-Start Exeter East and Mid Devon



Volunteers provide regular emotional & practical support for parents of small children, who may be struggling with feeling isolated & lonely; illness; depression & poor mental health; debt; or multiple birth.

Volunteering opportunities available:

- Family Support Home-Visiting Volunteers

Volunteers receive full training, an enhanced DBS check, reimbursed travel expenses & the regular support of a Home-Start Coordinator.

Contact

Home-Start

Exmouth Business Centre

14 Hartley Road

Exmouth, EX8 2SG

📞 01395 542298 🌐 www.homestarteemd.org.uk

✉️ nicola@homestarteemd.org.uk

Hospiscare



Hospiscare is the local hospice for Exeter, Mid Devon and East Devon. Our services include support at home, a specialist palliative care ward, out-patients clinics, and supportive therapies. Our work is supported by our fundraising and retail operations.

Volunteering opportunities available:

- Retail volunteers (shops, warehouse, e-commerce)
- Front of House/welcome/patient support volunteers
- Fundraising and admin support

Contact

Hospiscare
Searle House
Dryden Road
Exeter, EX2 5JJ



01392 688005



www.hospiscare.co.uk



volunteering@hospiscare.co.uk

Hospital Radio Exeter



Hospital Radio Exeter is the radio station for the patients of the Royal Devon & Exeter Hospital (Wonford) & residents of care homes in the Exeter area manned by volunteers broadcasting from within the Hospital.

Volunteering opportunities available:

- Ward Visitors
- Presenters
- Administration

Application forms are on our website and applicants must be 18 or over. DBS checks will be required,

Contact

Hospital Radio Exeter
RD&E (Wonford)
Barrack Road
Exeter, EX2 5DW



01392 279755



www.HospitalRadioExeter.com



Adminhospitalradioexeter@btinternet.com

Interwoven Productions

Interwoven Productions are Creative Placemakers. We connect people to people & people to place through community building, creative & heritage-inspired activity.



Volunteering opportunities available:

- Place Champion - this is a national lottery heritage funded role with oodles of great support and training. If you have up to 7 hours per week (flexible), then this is a fantastic learning opportunity.

Contact

Interwoven
Productions CIC
8 Chard Road
Heavitree
Exeter, EX1 3AX



07855 935137



jojo@interwovenproductions.com



www.interwovenproductions.com

Julian House



Julian House is a charity that supports vulnerable & at-risk individuals. These include adults & young people experiencing homelessness, escaping domestic abuse, adults with learning difficulties & people who need support after leaving prison.

Volunteering opportunities available:

- Charity event support
- Public donations & charity collection support

Contact

Julian House
Wat Tyler House, 3
King William Street,
Exeter, EX4 6PD



07903 192786



www.julianhouse.org.uk



annabelle.lowes@julianhouse.org.uk

Marie Curie

We are an end-of-life charity. We believe everyone should get to lead the best life they can, right to the end.



Volunteering opportunities available:

- Homebased Marie Curie Telephone Bereavement Support Companion
- Home based Patient Experience Volunteer
- Home based Marie Curie Social Media Volunteer

Contact

Marie Curie
92 South Street
Exeter, EX1 1EN

☎ 0800 3047 412 🌐 www.Mariecurie.org.uk

✉ southwesthelper@mariecurie.org.uk

Royal Devon University Hospital



Looking after & caring for patients & nursing them through recovery from illness & accidents to the highest medical standards.

Volunteering opportunities available:

- Meet Greet
- Support at all entrances & welcome areas.

We need a group of enthusiastic Volunteers for the Hospital's new Accident Department. Suitable for University students.

Contact

Royal Devon &
Exeter Hospital
Barrack Road
Exeter, EX2 5DW

☎ 01392 402080 🌐 www.royaldevon.nhs.uk

✉ rde-tr.volunteers@nhs.net

organicARTS



OrganicARTS is a charity working with creativity & land based learning to empower all people within our community; and encouraging a healthy and fulfilling future. We run many educational visits and walks, classes, workshops, community projects, exhibitions & performances.

Volunteering opportunities available:

- Volunteer Mini Bus Driver
- Trustees

Contact

organicARTS
West Town Farm
Ide
Exeter, EX2 9TG



01392 811080



www.organicarts.org.uk



philiy@organicarts.org

Read Easy Exeter



Read Easy Exeter provides free, confidential, one-to-one coaching, using a phonics-based reading programme, for adults who want to learn to read or improve their reading skills.

We are keen to hear from potential volunteers who are interested in coaching (teaching experience is not essential) or helping to research community groups to target for referrals to Read Easy Exeter.

Volunteering opportunities available:

- Reading Coach
- Referrals Networker

Contact



07486 858012



www.readeasy.org.uk/groups/exeter



exeterrecruiter@readeasy.org.uk

Southernhay Child Contact Centre

Southernhay (Exeter)



Child Contact Centre

We provide a welcoming, safe space for children to spend time with a parent they no longer live with. We are in central Exeter and are open on alternate Saturdays.

Volunteering opportunities available:

- Volunteers to support the contact between children and their non-resident parents.

Contact

Southernhay Child
Contact Centre,
Southernhay Hall
Southernhay East
Exeter, EX1 1QD



0759 2701 091



www.southernhayccc.co.uk



juliams22571@gmail.com

South West MS Therapy Centre



We are an independent, self-funding Exeter charity, providing oxygen therapy, physiotherapy and a range of other therapies, treatments and support for people in the South West living with MS and other neurological conditions.

Volunteering opportunities available:

- Oxygen Operator - full training given
- Exercise Class support - full training given
- Ad-hoc support for Bucket collections

Contact

South West MS Centre
West Grange
Clyst Heath
Exeter, EX2 7EY



01392 447411



admin@southwestmscentre.co.uk



www.southwestmscentre.co.uk

The Hot Food Project



The Hot Food Project was started during the pandemic to support people who are facing food or financial difficulty due to the cost of living crisis. We try to use excess food that would otherwise be thrown away to make and deliver hot meals once a week.

Volunteering opportunities available:

- Cooks
- Kitchen Assistants/ food preppers

Sessions run every Wednesday morning at The Mint Methodist Church.

Contact

The Hot Food Project
The Mint Methodist
Church
Fore Street
Exeter, EX4 3AT



01392 410530



www.foodexeter.org.uk



exeterhfpinfo@gmail.com

YMCA Exeter

YMCA EXETER

YMCA Exeter works to end the cycle of youth homelessness by providing housing, wellbeing support, employment guidance, education & training to local, vulnerable young people. We believe a young person's past does not have to determine the shape of their future & we aim to equip young people to belong, contribute & thrive in their community.

Volunteering opportunities available:

- volunteer opportunities across our housing projects

Contact

YMCA Exeter
39, 41 St. Davids Hill
Exeter EX4 4DA



01392 410530



www.ymcaexeter.org.uk



laura.farrar@ymcaexeter.org.uk

Contact us

Exeter Connect
Co-Lab
King William Street
Exeter, EX4 6PD

☎ 01392 205800

✉ info@exeterconnect.org.uk

🌐 www.exeterconnect.org



“

Exeter Connect have taken time to support us to grow from a small group into a thriving community interest company.
Tony, Co-Create CIC



Registered Charity Number: 1026229
Registered Company Number: 2844870 (England)